

# NEWBORN SESSION FAQ



## Q: When should I book my newborn session?

A: Please schedule your newborn session PRIOR to your baby's birth to ensure that I have the birthdate on my calendar. Then after you deliver, just let me know the sweetie is here (text, call, email). I will then send you several session times that I have available and you can let me know what works best for you. The session will need to take place 3-10 days after the birth, in my home studio (611 Wyckford Dr. Sellersville, PA).

## Q: Where do we take the photos?

A: Newborn sessions are done in my home studio in Sellersville, PA. I can promise the studio will provide creative and fun photos that you can treasure for a lifetime! I have tons of newborn hats, blankets, props, etc! I have an indoor and outdoor space that can be used (weather permitting). Nothing is more flattering than natural light, so I prefer to use it whenever possible. Because of this, your session will be scheduled at a time the light is best in the studio. It is very important that you arrive on time and ready to go!

## Q: How long does the session last?

A: Newborn sessions can last anywhere from 2-3 hours (periodically 4 hours). It all depends on the baby's mood and willingness to sleep. Unfortunately...this isn't something we can predict! We take the baby's lead; getting them to sleep before posing takes time. In fact, I would say that a good 50% of your session will involve feeding, diaper changes, and cuddling to get the baby comfortable. Just a reminder, babies can sense stress and anxiety (especially from their mommy's!). It's super important that everyone remain calm and relaxed during this session, keeping the environment as mellow as possible! If sleep doesn't happen, that's okay! Wide-eyed newborn photos are beautiful as well.

## Q: How can I prepare my baby?

A: Plan to feed and burp your baby just before leaving your home. A well fed baby is a happy, content and sleepy ("milk drunk") baby! Please loosen your baby's diaper and clothing 30 minutes before the session, so those little texture marks do not appear when I do start to strip down your baby.

## Q: What do I need to bring?

A: Clothing for babies should be kept super simple – less is definitely best. Your baby will be naked or swaddled in most of the shots, but I will pose them so that their privates stay private! :) I have a collection of bowls, baskets, blankets, knit hats and headbands. However, you are also welcome to use any of your own props. Look for items with texture and color to help make your images unique. If you have any family heirlooms, toys, hats, props, etc. that you would like me to use in your session, please bring them. I love using handmade blankets and quilts that were made specifically for your baby... We may not get the chance to use ALL of the items, but we'll look through them at the beginning to determine what will work best. Don't forget plenty of diapers, wipes, and bottles.

\*Please discuss any ideas, props or poses you have in mind at least a week prior to your session. I start planning out your session weeks in advance and have several setups in mind so it is helpful to plan for your ideas/props ahead of time.

## Q: What do I wear as the parent?

A: First off mama, I know, you just had a baby and may not be back to yourself, yet! However, this is a perfect time to get a little pampered! Maybe go get your hair and nails done or schedule a massage! This is a super exciting time and for the couple photos you're in, I want you feeling your best!! Feel free to tell your hubby that I am making you! ;)

As far as clothing? Keep it simple and comfortable. Throw in a little color if you'd like, but skip the busy patterns or logos. Accessories are always a great way to splash up a simple outfit but easy to take off to change up a photo! I recommend having a change of clothing available for everyone.

## Q: How can I help during the session?

A: Come and relax, bring a book or surf the web on my ipad! I want you to feel comfortable and that I have everything under control. A couple times during the session I may need your extra hands or comforting touch. Please don't feel stressed if we need to stop to allow your baby time for a feeding, changed diaper or just a cuddle from mom or dad. Also, please don't panic if your baby goes to the potty on my items. This is to be expected. We clean all of our items and wash all blankets after each session. Also, if there is ever a point where you become uncomfortable, just let me know!

As a mother, your smell is so recognizable to your baby, that it may be necessary for me to comfort the baby instead of you. This is not meant to hurt your feelings, only to allow us to help the baby thinking sweet, sleepy thoughts...instead of "where's my milk?!"

## Q: When do I get to see the images? Custom Birth Announcements?

A: I try to get your newborn images to you as fast as possible so you can share your baby with the world! The typical turn around time is 2-4 weeks depending on the season. I also put together a free Birth Announcement design and you are welcome to make 1 round of edits to the custom design.